

Superb results for ACE Athletes at the Somerset AA Championships

Following the Somerset Combined Events Championships in April, ACE athletes were in action again at the recent County AA Championships proving that appropriate and focussed training produces great results!

Amongst the U13 girls and following a nail biting 100m final, Xanthe Lawrence-Greenwood came 2nd with a time of 14.16 seconds and close on her heels with a time of 14.23 seconds was fellow athlete Ciara Alexander. In 4th place was Evie O'Brien with a time of 14.94 seconds. Evie went on to run 13.11seconds for 1st place in the 70m hurdles. Issy Lock, a year young, ran a great 100m finishing with a time of 15.39 seconds.

Xanthe also ran her 1st 200m with a time of 30.21seconds for 2nd place.

The long jump saw a fierce battle between the ACE athletes, with Xanthe winning with a best jump of 3.79m, with Jemima Chelida in 2nd place just 7cm behind with 3.72m. Ciara jumped 3.59m, Issy 3.48m and Evie 3.40m.

In the shot, it was Issy's turn for 1st place with a best thro of 6.61m. Ciara was 2nd just 1cm behind with 6.60m! Jemima came 3rd with 6.27m.

U13 Will Stokes won the high jump with a best jump of 1.30m having long jumped 4.04m for 2nd place. Will came 2nd in the 100m with a time of 14.29 seconds.

U15 Toby Sauter was in action in the triple jump with a winning jump of 10.35m and came 2nd in the 80m hurdles with a time of 13.84 seconds.

U15 jess Dickens ran 2:50.56 for 3rd place in the 800m and came 2nd in javelin with a best throw of 17.67m.

A few of ACE's U11's were in action, Tom Trickey was placed 3rd in the 60m with a time of 9.45 seconds and followed that with a brilliant 600m finishing 1st in a nippy time of 1:55.89. He also long jumped well for 1st place with a 3.52m jump. Also in action was Louis Stokes competing for the 1st time at this level after only 6 weeks with ACE. Louis long jumped 2.63m and ran 11.27 seconds in the 60m sprint.

Congratulations to all the athletes - the best is yet to come!